

Organizing Network Platform of Community Health Promotion to link Continuous Long-term Care System

Community Health Center, Tamsui Mackay Memorial Hospital, New Taipei City, Taiwan
Ta-Chuan HUNG M.D., Tsu-Hsueh HUANG, Ching-Yao WEI, Hung-I YEH

introduction

Apart from acute medical services, hospitals will need to integrate services in long-term care, home care, community health promotion and hospice. The “Healthy, Happy, Homey” life care system designed in three sections and five levels is established to offer proper local care to the elderly.

Purpose and methods

Mackay Memorial Hospital designs a “one-window” service model, that links the hospital to nursing home, day care center, home care system, senior club, health stations, early dementia center, and hospice home care system, providing a friendly service to the healthcare of elderly in zero distance.

Results

The hospital discharge planning services are connected with the “Nursing Home subordinates to Mackey Memorial Hospital” to provide elderly with post-acute care and respite care. Two small-scale multi-function “Day Care Center” are set up for mild disability elderly. And community health promotion

network platform including 64 “Health Stations” distributed in 5 districts. The elderly volunteer provide services in blood pressure, BMI and abdominal waist measurement at Health Stations. Moreover, nurses, dietitians, pharmacists, cancer case managers, and psychologists are available to provide counseling on health education, disease screening and referral. The “Early Dementia Center” in a rural area offers activities for groups of dementia elderly and their family. The “Senior Club” holds sharing food program and counseling on health education. The nursing home and the hospice team provide home-based services to establish a “Healthy, Happy, Homey” life care system for elderly.

Conclusion

Taiwan will enter the “super-ageing society” by 2025 while the application of network service model for elderly-oriented “one-window” service model will offer proximate, continuous and individualized holistic care services. That will implement goal of local LOHAS living in the elderly.

